



Fuel Up! with New Westminster Schools

Eating healthy food helps children to do better in school!

Unfortunately, not all families have access to affordable nutritious food. To ensure that no child goes hungry and every child eats healthy while at school, short and long term lunch subsidies are available through Fuel Up! To provide healthy food options for New Westminster students, we invite families who find it difficult to provide healthy meals for their children due to financial hardship or other special circumstances to complete a confidential application for a school lunch subsidy.

Frequently asked questions:

1. How do I request a subsidy?

Parents/Guardians can fill out the subsidy request form. <https://newwestschools.ca/programs-services/fuel-up/subsidies/>

2. Who receives subsidies?

Families who are struggling to provide nutritious lunches for their children while at school.

3. Will people know I am receiving a subsidy?

Subsidies and requests for subsidies are completely confidential. Only the district School Nutrition Coordinator and your school principal will be aware of your subsidy request.

4. Will my child receive a different lunch than those children who are not receiving subsidies?

Meals are ordered through our online menu system. You will have the ability to order the same meals, regardless of your ability to pay.

5. How much will I need to pay?

To assist in providing as many healthy meals as possible, please pay what you can. Some families will require a full subsidy where meals will be provided at no cost to the families and some families will be able to pay a partial fee with a partial subsidy. We will leave it up to you to decide.

6. My child has dietary restrictions. Can they still receive subsidized meals?

Yes, they are still able to receive subsidized meals. Our caterer is able to accommodate a variety of dietary needs. Their website lists ingredients by menu item as well as common allergens. Please order meals that meet your child's needs.

***However, please note that common food allergens are utilized in our caterer's kitchen. Cross contamination is a possibility. If your child has severe allergies or dietary restrictions, we recommend packing a meal from home. ***



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7. How will I know if I have been approved for a subsidy?

You will receive an e-mail confirmation from Fuelup@sd40bc.ca titled "Subsidy Status".

8. What is the full cost of lunch (without subsidy)?

The full cost of \$5.75 or \$5.00 for a smaller portion, includes an entrée and a serving of fruit or vegetables. Subsidies will cover up to \$5.00 or \$5.75, if needed.

Additional food items including milk or side salads are available for an additional cost.

9. If I have a partial subsidy where I pay a portion of the cost of my child's school lunch, when do I pay?

Your portion of meal payment is due when placing your child's school lunch order.

10. Who should I contact if I have more questions?

Please send any additional questions to FuelUp@sd40.bc.ca.