



FW HOWAY PAC PRESENTS

RUN-A-THON 2023

Dear Howay Families,

As a parent/caregiver, you want to see your child succeed in all aspects of their life. One area where your child can learn valuable skills and gain important experiences is in fundraising. The Run-a-thon event is a great opportunity for your child to raise money for the PAC, while also learning about the importance of hard work, dedication, and perseverance.

By participating in the Run-a-thon, your child will be running laps to raise money for the coming school year. The PAC spends the funds on events, school trips and much more. This event not only promotes physical activity and healthy habits but also teaches children about the value of giving back to their community. Additionally, your child will be building important life skills such as communication, organization, and goal-setting as they reach out to friends and family for pledges.

We encourage you to support your child in this endeavor by helping them set a fundraising goal, creating a list of potential donors, and helping them reach out to these individuals. You can also help your child prepare for the event by encouraging them to train and build their endurance.

Remember, the Run-a-thon is not just about raising money; it's about giving children an opportunity to learn and grow. By supporting your child in this endeavor, you are helping them develop important life skills that will serve them well throughout their lives.

Paper copies of this attached pledge form will be sent home from school. The Run-a-thon is scheduled to occur on Friday, June 9th, weather pending. Parents are welcome to come cheer your runners on Friday June 9th from 2pm – end bell.

Thank you for your support and encouragement.

Sincerely,

Renée Caines

FW HOWAY PAC CHAIR

On behalf of the FW HOWAY PAC



F.W. Howay PAC RUNATHON Pledge Form

PARENTS/GUARDIANS TO DO LIST:

Use this form to collect pledges from friends, family, and co-workers. Collect as many as you can.

Runathon date* June 9th, 2023. You keep the pledge sheet for your tracking.

Collect names and pledged \$\$ amount on the **projected** number of laps your child will do.

Pledges can fulfill the payment on the total ***completed*** laps either per lap or a lump sum (flat rate) after race day. Your child/ren will tell you how many laps they completed and should have a small piece of paper to show you. Please hand in money collected to the classroom teacher in a sealed, labeled envelope (or baggie) with completed student label by June 14, 2023.

*Weather pending. Alternate date TBD. If Runathon moves, then hand in all donations by June 24, 2023.



STUDENT LABEL – Please cut out and place in envelope and hand into classroom teacher by June 14TH.

STUDENT NAME _____

Grade/Teacher _____

PARENT EMAIL _____

The PAC will keep your email on our list for events and info. If you do not want your email on the list then write no:

Number of projected laps _____ **Number of completed laps** _____

\$\$Amount collected _____ **\$\$Amount handed in** _____

CIRCLE: CASH CHQ ETRANSFER

HOWAY PAC RUNATHON PLEDGE FORM



Make Cheques out to FW Howay PAC

Please supply cash/ cheques in a sealed envelope or secured baggie.

Prefer to E transfer? Email HowayPacChair@Gmail.com

password: HOWAY

You keep this sheet at home for reference of your collected pledges

You can collect as many pledges as you can!

Pledge #1 Name _____

Amount pledged \$ _____ Flat-rate or Per Lap (circle one)

Email _____ Phone _____

Amount Paid \$ _____ Via (Cash/etransfer/Cheque) _____

Pledge #2 Name _____

Amount pledged \$ _____ Flat-rate or Per Lap (circle one)

Email _____ Phone _____

Amount Paid \$ _____ Via (Cash/etransfer/Cheque) _____

Pledge #3 Name _____

Amount pledged \$ _____ Flat-rate or Per Lap (circle one)

Email _____ Phone _____

Amount Paid \$ _____ Via (Cash/etransfer/Cheque) _____

Pledge #4 Name _____

Amount pledged \$ _____ Flat-rate or Per Lap (circle one)

Email _____ Phone _____

Amount Paid \$ _____ Via (Cash/etransfer/Cheque) _____

Pledge #5 Name _____

Amount pledged \$ _____ Flat-rate or Per Lap (circle one)

Email _____ Phone _____

Amount Paid \$ _____ Via (Cash/etransfer/Cheque) _____

Notes

Checklist

Who can I ask to pledge money for my child's event? (Family, friends, coworkers, neighbours etc)
How are they going to pay me?
Have I discussed with my pledges when the race is and when I need payment by?
Once child shows you how many laps they have ran, collect the correct amount of money from pledges
Hand in money and Pledge slip to school if cash or cheque, or send etransfer to PAC by June 24th
Congratulate yourself and child/ren for a great job done! Thank you for supporting Howay PAC